



117 East Royal Street, Bryan, TX. 77801

979-777-1683

info@bvmhw.com

www.brazosvalleymentalhealth.com

ADDICTING BEHAVIORS INTERVENTION & PREVENTION PROGRAM (ABIPP)

Brazos Valley Mental Health and Wellness **Addicting Behaviors Intervention and Prevention Program** is a 6, 12, or 24-week class depending on the severity of each individual. The program will include an orientation for individuals who have been referred to us because of alcohol, cannabis, or other substance abuse. Our goal is to teach clients how to recognize alcohol and substance abuse, take accountability for their actions, and change their behaviors.

To enroll in a ABIPP Class:

- Call our office at 979-777-1683 to schedule an evaluation
 - Clients must have successfully completed an evaluation prior to being placed in a class

- Arrive at the scheduled location (Bryan or Brenham) for your scheduled evaluation. The evaluation fee of \$75 can be paid by cash, debit/credit card, or money order.
 - Clients should expect to fill out paperwork and to be asked questions about their past and current substance use
 - Expect to spend 60-75 minutes for the evaluation appointment.
 - Once the evaluation has been completed the client will be placed on a waiting list and will be notified when the next group therapy class begins or may schedule individual session at this time.
 - Class times are not always conducive to the client's schedule; the client is expected to accommodate the scheduled class time or wait for the next class with the understanding it also may not be conducive to the client's schedule.

- Attend and meet expectations in weekly classes at the scheduled location
 - ABIPP classes are held once a week for the recommended course period. Each group therapy class is 1.5 hours and the cost per class is based on the client's income, minimum of \$33 per week with a maximum of \$75 for group classes. Individual sessions are \$50 per session.
 - Attendees are expected to pay all required fees, participate appropriately, and apply therapeutic tools and techniques within their daily life.

Our office keeps in touch with referral sources (parole/probation officers, courts, CPS, attorneys, etc.) via monthly Progress Reports. **Please make sure to bring the referral source's information (name, phone number, and email) to the evaluation.** Certificates of Completions will be sent to the referral source once the course is completed and all fees have been paid in full.